

# KEEP MOVING ONLINE

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To our ClubFam,

Following the April 29, 2021 provincial announcement, gyms are required to temporarily close once again. As a result, our clubs will remain temporarily closed, and the GYMVMT & HER GYMVMT clubs we have been working from will temporarily close effective end of day today until restrictions are eased.

**During that time, your in-club membership dues will be frozen as of May 1, 2021, and will be automatically reinstated when our clubs reopen.**

Online services like GYMVMT GO will continue being offered and will continue billing.

While we're unable to work out indoors, our number one goal is always to continue supporting you in your quest to live a healthy and active life.

## **GYMVMT GO, INSTAGRAM, AND FACEBOOK LIVE**

GYMVMT GO classes are still going strong! Tune into hundreds of live and on-demand classes, with 30 new classes added every week.

You can get a taste of what GYMVMT GO has to offer by following [@GYMVMT](#) and tuning into our free Instagram and Facebook Live classes.

We can't wait to see you on the gym floor again. Until then, stay strong and keep moving.

Your ClubFit team

